



## 10 Things to Do Before Returning to School

### PRACTICE HAND HYGIENE



Teach your child to sing the ABCs or count for at least 20 seconds and use proper technique [Handwashing: A Family Activity](#) and [Videos / Handwashing](#)

### UPDATE IMMUNIZATIONS

Ensure your child's immunizations are up to date to get the flu shot early this year. [CA Immunization Requirements](#)



### MAKE OR BUY FACE COVERINGS

When possible, face covers should be washed daily. Consider making or buying multiple face covers so you have time to wash them between use. [How to Make Cloth Face Covers](#) and [How to Wash a Cloth Face Covering](#)



### UPDATE MEDICAL RECORDS & PROVIDE DOCUMENTATION



Contact your child's physician if you have concerns for returning to school and need more support. Provide documentation if your child has a chronic illness and/or requires medication during the school day.

### PRACTICE TAKING A MASK ON/OFF



Students will be required to wear a face covering upon entering school, in the classroom and on the playground. Students who ride the bus will also be required to wear a face covering. [How to Safely Wear and Remove a Face Covering](#)

### PROVIDE A REUSABLE WATER BOTTLE

Have your child bring a reusable water bottle to school. Drinking fountains won't be in service.



### DAILY SYMPTOM CHECKS

You will be required to check your child's temperature and symptoms each day before school. If your child has any signs of illness or a temperature of 99.6F or higher, they must stay home and your school office must be notified. Children will have their temperature taken prior to entering the school building. [PVSD COVID Daily Health Screener](#)



### VERIFY & UPDATE EMERGENCY CONTACTS

If your child presents with COVID-like symptoms, they will be placed in an isolation area/room and will need to be picked up immediately. Please ensure that a contact can be reached and can pick up your child from school within 15 - 30 minutes.



### KEEP PHYSICAL DISTANCE (6 FT)



Review physical distancing with your child. Consider measuring the distance on the floor and temporarily laying pieces of paper down for a visual.

### STAY INFORMED

Educate yourself from reliable sources such as the CDC and San Mateo County Health. [Coronavirus Resources - SMC Health](#) and [Coronavirus CDC, CDC Back to School Decision Making Tool](#).



For a detailed description of PVSD's requirements go to: [PVSD REOPENING PLAN](#)